

## GET FURTHER ASSESSMENT FOR YOUR CHILD

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There are several ways you can get further assessment for your child. Your doctor may refer your child to a qualified specialist. You can also call your school district and the Regional Center of the East Bay. They are required to provide free assessment for children to evaluate eligibility for services. School districts and the Regional Center have different eligibility criteria. Your child might be eligible for services from one or both. Use the chart inside to determine where to call.

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## BE PREPARED WHEN YOU CALL

You will probably leave a message when you call. Speak slowly and clearly. Be sure to include this information:

- Your name (spell it out) and address
- The best phone number to reach you
- Your child's name, age, and birth date
- A short description about why you are concerned about your child's development

## GET SUPPORT AND INFORMATION FROM CARE PARENT NETWORK

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It can be difficult to know where to turn for help when you have concerns about your child's development. Care Parent Network provides information, referrals, and support for families of children with developmental delays, disabilities, and special medical needs.  
[www.careparentnetwork.org](http://www.careparentnetwork.org)  
(800) 281-3023

## School District Contact Information

### Your child is younger than age 3 and has developmental concerns

Your School District	Phone Number
Antioch Brentwood Byron John Swett	Knightsen Martinez Oakley Pittsburg
Canyon Orinda Moraga	Lafayette San Ramon Walnut Creek
Mt. Diablo Unified	Contra Costa County Office of Education Early Start Program: (925) 625-6330 ext. 210
West Contra Costa Unified	San Ramon Valley Unified School District SITES Program: (925) 743-9710
	Regional Center of the East Bay: (510) 618-6195
	Cameron School: (510) 233-1955

### Your child has a vision, hearing or physical impairment or is 3 to 5 yrs old and has developmental concerns

Your School District	Phone Number
Antioch	925-706-5313
Brentwood	925-513-6318
Byron	925-809-7505
Canyon	925-376-4671
John Swett	510-245-4300 ext. 110
Knightsen	925-625-0073
Lafayette	925-927-3516
Martinez	925-335-5917
Moraga	925-377-4105
Mt. Diablo	925-825-0144
Oakley	925-625-7060
Orinda	925-258-6216
Pittsburg	925-473-2340
San Ramon	925-820-6815
Walnut Creek	925-944-6850 ext. 123
West Contra Costa	510-233-1955



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# Are you concerned about your child's development?

Learn what  
to do and  
where to call.



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## I have a concern with my child's development. What should I do?

Getting developmental screening is an important first step to see if your child is reaching developmental milestones. When concerns do surface, it means that more information and additional help may be needed.

It's best to seek help for your child as soon as possible. Your child may need further assessment from an early intervention provider or health specialist. Early intervention services can help children reach their full potential and help you understand your child's development. Children benefit most when concerns are addressed early.

*Follow these steps to see if your child is eligible for early intervention services:*

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### 1 TALK WITH YOUR CHILD'S DOCTOR

Schedule an appointment with your pediatrician or health care provider. If your child has had developmental screening, take the screening results with you. Depending on the concerns you have about your child, and the type of health insurance you have, your doctor can inform you about possible next steps.



*This chart will help you determine where to call for further assessment:*

Your Child	Where do I Call?	What Happens Next?
If your child is 0 to 5 years old and has vision, hearing, or physical impairment	Call your local school district (see back)	The school district will assess your child and develop a service plan. The district is required to complete this in 45 days for children under age 3 and 60 days for children age 3 and older.
If your child is under age 3 and you have concerns about developmental delays	First call the Regional Center of the East Bay: <b>(510) 618-6195</b> Then call the regional referral number for your school district (see back)	Within 45 days, your child must be assessed and his/her eligibility for services will be determined. If your child is eligible for services, a service plan will be developed.
If your child is 3 to 5 years old and you have concerns about developmental delays or disabilities	First call your local school district (see back) Then also call the Regional Center of the East Bay: <b>(510) 618-6122</b>	Within 60 days, the school district will assess your child in areas of suspected delay or disability, determine if your child is eligible for services, and develop a service plan.  The Regional Center has 120 days to determine if your child has a disability that qualifies for services.
If your child is 0 to 5 years old and you have concerns about his/her social/emotional development	If you have medical insurance, call your insurance behavioral/mental health services plan.  <b>If you have MediCal or no health insurance, call:</b> Early Childhood Mental Health (West County): <b>(510) 412-9200</b> Lynn Center (East County): <b>(925) 625-4918</b> We Care Children's Services (Central County): <b>(925) 671-0777</b>	Next steps and eligibility requirements will be explained when you call.

